



Registration 09.00 am to 09:30 am

Session 1 **General Ortho Rheumatology** (9.30 am to 11.05 am)

Chairpersons : Prof. V.M Soodan , Prof. Anil Mahajan, Prof. Abdul Gani

1. Why orthopaedic surgeon should be expert in managing rheumatology
Prof. Manish Khanna 5 mins
2. Various Etiopathogenesis
Prof. S.S Jha 7+3 mins
3. Mono Arthritis in OPD - Your approach
Prof G R Mir/ Prof R Bhalla 7+3 mins
4. Patient with Polyarthritis - What next ?
Prof Manish Khanna 7+3 mins
5. Tips for reaching to Clinical Diagnosis in RA
Dr Gurmeet Singh 12 +3 mins
6. Ultrasound in Early Rheumatoid –How much useful ?
Prof G R Mir /Dr Namita Sharma 7+3 mins
7. DMRDS in General
Dr Vikas Gupta 12+3 mins
8. Targeted Therapy involving JAK inhibitors
Prof. S.S Jha 7+3 mins
9. Infection & SLE- How to approach?
Dr.Vikas Gupta 7+3 mins

11.05 -11.25 AM TEA BREAK

Session 2 **Orthorheumatological surgical Approach –Tips to Ponder** (11.25 to 12.15 noon)

Chairpersons :Prof. Deedar Singh, Prof. Sanjeev Gupta, Dr.Deepak Tickoo

- 1 Surgical Indications in RA
Prof H S Narendra 5 +2 mins

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| 2 | Anaesthetic implications in patients of ortho-rheumatology posted for surgery
Prof. Nandita Mehta | 7+3 mins |
| 3 | DMRDs to or not to stop during Arthroplasty-
Prof H S Narendra | 7+2 mins |
| 4 | Challenges during Arthroplasty -
Dr Jitendra Chaudhary | 12+3 mins |
| 5 | Post Surgery - How to come back to normal ?
Prof S S Jha | 7+2mins |

IORA Oration - Recent Updates in Skeletal tuberculosis management - 12:15 pm to 12:35 pm

Chairpersons: Prof. Rajeev Naik, Prof. Shantanu Lakhar, Prof. Manish Khanna

Orator Prof Anil Jain 20 min

Session 3 **Osteoarthritis Knee including deformity correction –An update**
(12:35 pm to 1:45 pm)

Chairpersons : Prof. M.K Mam, Prof. Anil Sharma, Dr Anoop Kumar

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| 1. | Biomechanics
Dr. Manish Varshney | 7+3 min |
| 2. | Etiology including Genetic basis
Prof. Rajesh Gupta | 7+3 min |
| 3. | Role of Visco supplementation vs PRP –
Dr A P Singh | 7+3 min |
| 4. | Management of OA-R we getting it right?
Prof S.S. Jha | 7+3 min |
| 5. | Ideally who are right candidates for TKA-
Prof. Abdul Gani | 7+3 min |
| 6. | Importance of Pre operative planning in varus/valgus knee –
Dr Jitendra Chaudhary | 7+3 min |
| 7. | Identifying common balancing problems with intra operative solutions-
Prof. Sanjay Dhar | 7+3 min |

Lunch 1:45 pm to 2:15 pm

Chairperson: Prof. M.N Gupta, Dr Amit Tandon, Dr Farid Hussain Malik

- 1 Approach to a patient with predominant Elbow pain (Non Traumatic) –
Prof. Sanjeev Gupta 7+3mins
- 2 Is elbow arthritis always a part of Rheumatoid arthritis-
Prof. Naseer Ahmed Mir 7+3 mins
- 3 Various Surgical modalities required in inflammatory arthritis elbow-
Dr. Rashid Anjum 7+3 mins
- 4 Stiff Elbow-
Prof Dilip Mazumdar 7+3 mins
- 5 Elbow Arthroplasty when mandatory-
Dr Amitabh N. Mukherjee 7+3 mins

Session 5 - Indian stem cell study group association session (3:05 pm -4:05 pm)

Chairpersons : Prof. O.P Bhagat, Prof. Rajinder Singh , Dr. Manish Singh

- 1 What & how stem cells has importance in Orthopaedics ?
Prof Manish Khanna 12+3 mins
- 2 Growth Factors in Cellular therapy
Dr Prabhu Mishra 7+3 mins
- 3 Screening of Cellular products is must by NAT testing
Dr Kanchan Mishra 7+3 mins
- 4 Enthesopathies- Recent advances – Dr Madhan Jeyaraman 7+3 mins
- 5 Cartilage regeneration in early Arthritis
Dr Prabhu Mishra 12+3 mins

Panel Discussion 20 mins

Session 6 **Beyond Orthopaedic Rheumatology** (4:25 pm – 4:45 pm)

Chairpersons : Dr. K.K Kudyar, Dr.Tahir Afzal, Dr.Neeraj Mahajan

- 1 Conference session should be Interactive-WHY ?
Prof. Manish Khanna 10 min
- 2 Docter- Patient Relationship
Prof. Dilip Mazumder 10 min

General Body meeting (4:45 to 05:30 pm)

BANQUET DINNER 8PM Onwards

21-09-2019
Day Two

Session 7 **Update on Spondyloarthropathy** (8:30 am – 9:00 am)

Chairpersons -Dr. Dara Singh, Dr. A.Q Salaria, Dr. Naresh Chopra

- 1 Approach to a patient with Spondyloarthropathy
Dr.Anil Gowtham 7+3 mins
- 2 Dilemma in the management of Ankylosing spondylitis
Dr Bhaskar Sharma 7+3 mins
- 3 Spondyloarthropathy and Total hip Arthroplasty
Prof. Sanjay Dhar 7+3 mins

Session 8 **Rheumatology variants** (9:00 am – 10:10 am)

Chairpersons : Dr. Sudesh Sharma, Dr Ravinder Gupta, Dr. Bias Dev

- 1 Haemophilic Arthritis and its surgical needs-Dr Saurabh Agarwal 7+3 mins
- 2 Myofascial Pain Syndrome - Prof S S Jha 7 +3 mins
- 4 Hyperurecemia and Gout - Prof Shantanu Lahkar 9+3 mins
- 5 Biologicals- What and when to use?
Dr Gurmeet Singh 12+3 mins

- 6 Joint replacement in Rheumatoid arthritis - How is it different?
Dr. Yash Gulati

10+3 mins

TEA BREAK : 10:10 am– 10:30 am

Session 9 **Periarthritis shoulder – A common OPD presentation** 10:30 am -11:10am

Prof. Anil Gupta, Dr. D.S Gulati, Dr. Mohd.Farooq Bhat

- 1 It may or may not be part of RA –An overview
Prof Shantanu Lahkar 7+3 min
- 2 Regenerative science in Periarthritis
Dr Madhan Jeyaraman 7+3 min
- 3 When to intervene Surgically in Periarthritis
Prof Dilip Mazumder 7+3 min
- 4 Shoulder Arthroplasty
Dr Amitabh N. Mukherjee 7+3 min

Session 10 **Focussed Group discussion / Case Discussion** (11.10 to 11.40 am)

Prof Manish Khanna – Poly/Mono/ Ortho Rheumatology variants How to proceed ?

Session 11 **Osteoporosis** (11.40 pm – 12:25 pm)

Chairperson Dr. Anil Gupta(M) ,Dr. I K Wangnoo, Dr. Paramjeet Singh

1. Metabolic Bone Diseases-An overview
Dr. Shantanu Lahkar 12+3 min
2. An over view with Aetiology
Prof. Lovi Padha 7+3 min
3. How to Diagnose it ?
Dr A P Singh 7+3 min
4. An Orthopaedic Surgeon is best to manage the osteoporosis -
Dr Manish Varshney 7+3 min

Session 12 **IORA Gold Medal Session (Under Forty)** (12:25 pm – 1:15 pm)

Chairpersons : Prof G R Mir, Prof. Sanjay Dhar, Prof Manish Khanna

Valedictory Function

1:15 pm to 1:45 pm

Lunch

1:45 onwards