

Scientific Programme

10th Annual National Conference of
Indian Orthopaedic Rheumatology Association



10th IORACON 2018 Jabalpur

Organised by

Indian Orthopaedic Rheumatology Association

in Collaboration with

Indian Stem Cell Study Group

29th & 30th September 2018

Conference Theme

Ortho Rheumatological Excellence
Through Upcoming Technologies

Venue

Hotel Krishna, Near Bhawartal Garden,
Jabalpur



Under the Aegis of
MPOA & JOA



Day 1 - 29th September 2018, Saturday

8:00 AM - 8:50 AM	REGISTRATION & BREAKFAST	
8:50 AM - 9:00 AM	Welcome Note Prof HKT Raza/ Prof Manish Khanna	
SESSION I 9:00 AM - 10:00 AM	INFLAMMATORY ARTHRITIS Chairpersons: Prof Naseer Ahmed Mir, Prof Manish Khanna; Prof Hasmukh Varma	
9:00 am - 9:10 am	Diagnostic & Prognostic Biomarkers in Rheumatoid Arthritis- Do they also Prognosticate?	Prof S S Jha (Patna)
9:10 am - 9:20 am	Inflammatory Arthritis & Sports	Dr Moazzam Jah (Lucknow)
9:20 am - 9:30 am	Evolving therapies including Jak Inhibitors in RA	Prof S S Jha (Patna)
9:30 am - 9:40 am	Stem Cell Therapy in Autoimmune Disorders	Prof Rajeev R Naik (Bengaluru)
9:40 am - 9:50 am	Role of Biologics in Inflammatory Arthritis	Prof Shantanu Lahkar (Dibrugarh)
9:50 am - 10:00 am	Panel Discussion	
SESSION II 10:00AM - 11:00AM	OSTEOARTHRITIS Chairpersons: Prof Dilip Basu Mazumder, Prof Ghulam Rasul Mir, Dr. Sudhir Tiwari	
10:00 am - 10:10 am	Primary OA in Young Adult	Prof HKT Raza (Jabalpur)
10:10 am - 10:20 am	New Insights in Understanding the Etiology of Primary Knee OA- A Genetic Basis	Dr. Krishna Subramanyam (Hyderabad)
10:20 am - 10:30 am	Role of PRP in OA	Dr. Harshal Sakale (Raipur)
10:30 am - 10:40 am	Total Hip Replacement in OA	Prof Rajeev R. Naik (Bengaluru)
10:40 am - 10:50 am	Recent Advances in the Management of OA	Prof Sameer Gupta (Gwalior)
10:50 am - 11:00 am	Panel Discussion	
11:00AM - 11:30AM	Inauguration Ceremony	
SESSION III 11:30AM - 01:00PM	OSTEOPOROSIS Chairpersons: Prof S. S. Jha, Prof Rajeev Naik, Dr. Jitendra Jamdar	
11:30 am - 12:00 am	Bone Biology - Undiscussed Aspects	Prof Manish Khanna (Lucknow)
12:00 am - 12:10 pm	New Frontiers in Diagnosing & Treating Osteoporosis	Prof Shantanu Lahkar (Dibrugarh)
12:10 pm - 12:20 pm	Osteoporosis & Implication in Orthopaedic Practice	Prof R. C. Meena (Jaipur)
12:20 pm - 12:30 pm	Teriparatide Therapy in Osteoporosis	Prof Sameer Gupta (Gwalior)
12:30 pm - 12:40 pm	Plate Fixation in Osteoporotic Fractures: Biomechanical Principles	Prof Subir Mukerji (Raipur)
12:40 pm - 12:50 pm	Evidence Practice Gap in the Management of Fragility Fractures of the Hip	Dr. Rehan-Ul-Haq (New Delhi)
12:50 pm - 01:00 pm	Panel Discussion	
01:00PM - 01:20PM	Ankylosing Spondylitis	Dr. (Lt. General) Ved Chaturvedi
01:20PM - 02:00PM	LUNCH	

Day 1: 29th September 2018, Saturday (Post Lunch Session)

02:00PM – 02:30PM	IORA Oration - Dr. Jaya Prakash (UK) European stem cell consortium and fat derived stem cells application - An overview	
02:30PM – 05:10PM	ISCSG Section	
02:30pm – 02:40pm	Introduction of ISCSG by Dr Natesh Prabhu/ Dr V R Ravi	
SESSION IV 02:40PM – 03:30PM	Basics in Regenerative Science Chairpersons: Prof S K Mahapatra, Prof Manish Khanna, Dr Jaya Prakash	
2:40 pm – 2:50 pm	What are Stem Cells?	Dr Prabhu Mishra (New Delhi)
2:50 pm – 3:00 pm	Debate on Mononuclear Cells	Dr V R Ravi (Trichy)
3:00 pm – 3:10 pm	PRP in OA	Dr Kanchan Misra (Surat)
3:10 pm – 3:20 pm	Regenerative Science in RA	Dr Meghanand Joshi (Sangli, Maharashtra)
3:20 pm – 3:30 pm	Panel Discussion	
SESSION V 03:30PM-04:20PM	Challenges and the Upcoming Solutions? Chairpersons: Dr V R Ravi, Dr Prabhu Mishra, Dr Meghanand Joshi	
3:30 pm – 3:40 pm	Cellular Therapy in Orthopaedic Ulcers	Prof S K Mahapatra (Orissa)
3:40 pm – 3:50 pm	Managing Ankylosing Spondylosis: What's New?	Dr Pradeep Mahajan (Mumbai)
3:50 pm – 4:00 pm	Regenerative Science can be supportive in Neurological disorders	Dr Anant Bagul (Pune)
4:00 pm – 4:10 pm	Degeneration-Regeneration in Arthritis	Prof Manish Khanna (Lucknow)
4:10 pm – 4:20 pm	Panel Discussion	
SESSION VI 04:20PM - 04:50PM	ISCSG Gold medal Session For Best Research Paper Judges : Dr. V R Ravi, Dr. Pradeep Mahajan	
4:20 pm – 4:30 pm	The Efficacy of Autologous Platelet Rich Plasma Vs Homologous Platelets Lysate in Patients with Early Knee Osteoarthritis.	Dr. Madhan Jeyaraman (Karnataka)
4:30 pm – 4:40 pm	Comparing treatment outcome in patients on pharmacotherapy for Rheumatoid Arthritis	Dr. Rudra Kar (Bhubaneshwar)
4:40 pm – 4:50 pm	Safety and Treatment Effectiveness of Autologous Platelet-Rich Plasma (PRP) Injection in Patients with Knee Osteoarthritis	Dr. Parizad Patel (Surat)
SESSION VII 04:50PM - 05:30PM	Challenging Clinical Conditions- What best can be done? Moderator : Prof Manish Khanna	
4:50 pm – 5:00 pm	AVN- An Overview	Prof G R Mir (Srinagar)
5:00 pm – 5:10 pm	AVN- What's New	Prof Manish Khanna (Lucknow)
5:10 pm – 5:20 pm	Cerebral Palsy	Dr Pradeep Mahajan (Mumbai)
5:20 pm – 5:30 pm	Panel Discussion	
Session VIII 05:30 PM – 06:30 PM	Innovative Session Chairpersons: Prof Shantanu Lahkar, Prof Subir Mukerjee, Prof HKT Raza	
5:30 pm – 5:40 pm	Regenerative Science by Illizarov's Technique	Dr. Harshad M. Shah (Bengaluru)
5:40 pm – 5:50 pm	Revisiting THR in Sickle Cell	Dr. Vishwas Sharma (Jabalpur)
5:50 pm – 6:00 pm	Role of Arthroscopy in Knee Pain	Dr. Brajesh Dadarya (Jabalpur)
6:00 pm – 6:10 pm	Diet In Rheumatism	Dr. B. K. Dang (Jabalpur)
6:10 pm – 6:20 pm	Clinical Outcome of Post Thrombotic Syndrome in Lower Limbs treated by a Novel Method	Dr. U. K. Gupta (Bareilly)
6:20 pm – 6:30 pm	Panel Discussion	
08:00 PM Onwards	Cultural Programme & Banquet Dinner	

Day 2: 30th September 2018, Sunday

08:30 AM ONWARDS	BREAKFAST	
SESSION IX 09:30AM - 10:00AM	Panel Discussion on HTO Moderator : Dr. Brajesh Dadarya (Jabalpur) Panelist : Prof Anand Swaroop (Kanpur) Prof Rajeev Naik (Bengaluru) Prof Shantanu Lahkar (Dibrugarh)	
SESSION X 10:00AM – 11:00AM	Rheumatoid Hand Chairpersons : Prof R C Meena, Prof Sameer Gupta, Dr. Rajeev Bhandari	
10:00 am – 10:20 am	Arthritic Hands- Role of Surgery	Dr. Pankaj Jindal (Pune)
10:20 am – 10:40 am	Approach to Painful Wrist	Dr. Pankaj Jindal (Pune)
10:40 am – 10:50 am	Surgical Management of Rheumatoid Stiff Elbow	Prof Dilip Basu Mazumder (Kolkata)
10:50 am – 11:00 am	Panel Discussion	
SESSION XI 11:00AM - 12:30PM	Around Orthopaedic Rheumatology Chairpersons: Prof Naseer Ahmed Mir, Prof Alok Agrawal, Dr. Ajay Seth	
11:00 am – 11:10 am	Undifferentiated Arthritis: A Common Orthopaedic Presentation	Prof Manish Khanna (Lucknow)
11:10 am – 11:20 am	Gouty Arthritis	Prof Shantanu Lahkar (Dibrugarh)
11:20 am – 11:30 am	Soft Tissue Tumours	Prof Shishir Rastogi (New Delhi)
11:30 am – 11:40 am	Correlation between Vitamin D3 and RA	Prof Alok C Agrawal (Raipur)
11:40 am – 11:50 am	Juvenile Idiopathic Arthritis	Prof Satyendra Phuljhele (Raipur)
11:50 am – 12:00 am	Guidelines & Usage of Biologicals-Recent Trends.	Dr. Moazzam Jah (Lucknow)
12:00 am – 12:10 pm	Role of Extracorporeal Shock Wave Therapy (ESWT) in Salvaging the Hip in Osteonecrosis of Femoral Head	Dr. Shrenik Shah (Ahmedabad)
12:10 pm – 12:20 pm	Managing Remissions in Rheumatoid Arthritis	Prof Alok C Agrawal (Raipur)
12:20 pm – 12:30 pm	Panel Discussion	
SESSION XII 12:30PM - 01:40PM	Beyond Orthopaedic Rheumatology Chairpersons: Dr. Harshad M Shah, Prof Satyendra Phuljhele, Dr. Sanjay Nagraj	
12:30 pm – 12:50 pm	For Doc. Pt. Relationship – Inward Journey to avoid Medical Discord	Prof Dilip Basu Mazumder (Kolkata)
12:50 pm – 01:00 pm	Spiritualism in Management of Chronic Ailments	Dr. Sudhir Tiwari (Jabalpur)
01:00 pm – 01:10 pm	Management of Chronic Joint pain disorders with Chemical regenerative therapy alone or combined with Cellular Therapies	Dr. Shashi Pal Sadana (Agra)
01:10 pm – 01:20 pm	Workup Protocols	Prof Prakash Kotwal (New Delhi)
01:20 pm – 01:30 pm	Deformity Correction in Rheumatoid Hand	Prof Prakash Kotwal (New Delhi)
01:30 pm – 01:40 pm	Panel Discussion	
SESSION XIII 01:40PM - 02:10PM	IORA Gold Medal Session Chairperson: Prof Ghulam Rasul Mir, Prof Shantanu Lahkar	
01:40 pm – 01:50 pm	Evaluation of Orthobiologics for management of Avascular Necrosis of Head Femur: An Innovative Surgical Technique	Dr. Ekansh Debuka
01:50 pm – 02:00 pm	Prolo-Ozone Therapy for Knee Pain: The gas that burns the pain	Dr. Adam Teja (Jabalpur)
02:00 pm – 02:10 pm	Managing Valgus Deformity in Total Knee Arthroplasty	Dr. G. Suresh Babu (A.P.)
02:10PM – 02:30PM	Valedictory Function and Closing Remarks Vote of Thanks	
2:30 PM onwards	Lunch	