ORTHRORHEUMATOLOGY DAY ACTIVITIES

7th Oct.2026

ASCOMS & Hospital Jammu

DISPLAY OF BANNER IN ORTHO OPD


OPD
ORTHOPAEDICS
ASCOMS
ACHARYA SHRI CHANDER COLLEGE OF MEDICAL SCIENCES & HOSPITAL, SIDHRA, JAMMU
IORA
BETTER BONES HEALTHIER LIVES
IOA
INDIAN ORTHOPAEDIC RHEUMATOLOGY ASSOCIATION
(IORA ACADEMY)
Prof. Dr. Rajesh Gupta
IOA-IORA Coordinator
Prof. Dr. Chinmoy Das
President
ORTHO RHEUMATOLOGY DAY
7TH OCTOBER
PRESIDENTIAL THEME
"Unite for Mobility, Committed to Excellence"
Deptt. of Orthopaedics
ASCOMS & Hospital, Jammu


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ASCOMS & Hospital, Jammu
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Dr. RAJESH GUPTA
MS
PROF. & HEAD
Deptt. of Orthopaedics



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INDIAN ORTHOPAEDIC RHEUMATOLOGY ASSOCIATION

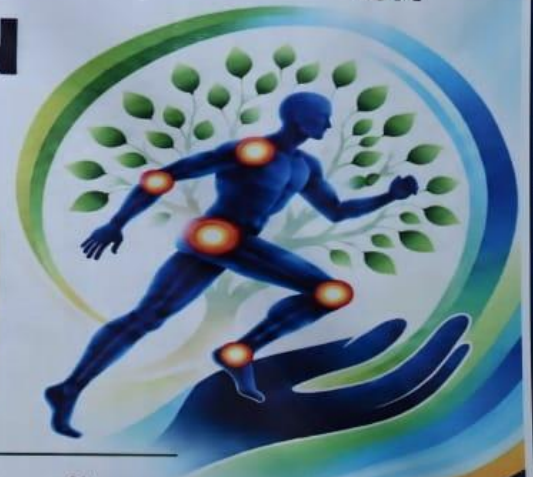
(IORA ACADEMY)

Prof. Dr. Rajesh Gupta
IOA-IORA Coordinator

Prof. Dr. Chinmoy Das
President

ORTHO RHEUMATOLOGY DAY

7TH OCTOBER



PRESIDENTIAL THEME

"Unite for Mobility, Committed to Excellence"

Deptt. of Orthopaedics

ASCOMS & Hospital, Jammu


Dr. RAJESH GUPTA
PROF & HEAD
Deptt. of Orthopaedics
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IORA
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(IORA ACADEMY)
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President
ORTHO RHEUMATOLOGY DAY
12TH OCTOBER
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Deptt. of Orthopaedics
ASCOMS & Hospital, Jammu

FREE ORTHOPAEDIC CAMP



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ORTHOPAEDIC RHEUMATOLOGY ASSOCIATION IORA
BETTER BONES HEALTHIER LIVES

INDIAN ORTHOPAEDIC ASSOCIATION IOA

INDIAN ORTHOPAEDIC RHEUMATOLOGY ASSOCIATION

(IORA ACADEMY)

Prof. Dr. Rajesh Gupta
IOA-IORA Coordinator

Prof. Dr. Chinmoy Das
President



ORTHO RHEUMATOLOGY DAY

7TH OCTOBER

PRESIDENTIAL THEME

"Unite for Mobility, Committed to Excellence"

FREE ORTHOPAEDIC CAMP

VENUE
Home for the Aged & Infirm
- Amphalla , Jammu

TIME
11:30 - 12:30

Deptt. of Orthopaedics
ASCOMS & Hospital, Jammu

Patient awareness about rheumatology diseases




ASCOMS
INDIAN ORTHOPAEDIC RHEUMATOLOGY ASSOCIATION
ORTHO RHEUMATOLOGY DAY
7th
FREE






YOU ALL


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IORA
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RHEUMATOLOGY ASSOCIATION
(IORA ACADEMY)
Prof. Dr. Rajesh Gupta
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Prof. Dr. Chinmoy Das
President
ORTHO
RHEUMATOLOGY
DAY
7TH
OCTOBER
PRESIDENTIAL THEME
"Unite for Mobility, Committed to Excellence"
FREE ORTHOPAEDIC CAMP
VENUE
Home for the Aged & Infirm
- Amphalla , Jammu
TIME
11:30 - 12:30
Deptt. of Orthopaedics
ASCOMS & Hospital, Jammu



Free distribution of Medicines





SEMINAR ON RHEUMATOID ARTHRITIS

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ACHARYA SHRI CHANDER COLLEGE OF MEDICAL SCIENCES & HOSPITAL, SIDHRA, JAMMU

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(IORA ACADEMY)

Prof. Dr. Rajesh Gupta
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Prof. Dr. Chinmoy Das
President

ORTHO RHEUMATOLOGY DAY

7TH OCTOBER



· PRESIDENTIAL THEME

"Unite for Mobility, Committed to Excellence"

SEMINAR ON
RHEUMATOID ARTHRITIS

VENUE
COLLEGE AUDITORIUM

TIME
2:00 to 3:00 PM

Deptt. of Orthopaedics
ASCOMS & Hospital, Jammu

Introduction about Orthorheumatology Day



Hospital Staff in full attendance for Seminar












HYDROXYCHLOROQUINE
• Decreases secretion of pro-inflammatory cytokines
• Can cause Bulls eye retinopathy,
ophthalmological e
recommended every
• Dose should not exceed 5
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ACHARYA SHRI CHANDER
COLLEGE OF MEDICAL SCIENCES & HOSPITAL
SIDHRA, JAMMU
आचार्य श्री चन्द्र अस्पताल
सिधरा, जम्मू




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(IORA ACADEMY)
Prof. Dr. Rajesh Gupta
IOA-IORA Coordinator
Prof. Dr. Chinmoy Das
President
7TH OCTOBER
ORTHO RHEUMATOLOGY DAY
"Unite for Mobility"
"Committed to Excellence"
TIME 2:00 to 3:00 PM
COLLEGE AUDITORIUM
SEMINAR ON
RHEUMATOID ARTHRITIS
Deptt. of Orthopaedics
IOA
IORA
Enter your PIN
14:11
Wednesday, 7 October
Jammu
31°
Sunny
33° / 22°
See full forecast
Daily Wonder
ASCOMS
ACHARYA SHRI CHANDER
COLLEGE OF MEDICAL SCIENCES & HOSPITAL
SIDHRA, JAMMU
आचार्य श्री चन्द्र अस्पताल
सिधरा, जम्मू


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ORTHO RHEUMATOLOGY DAY
7TH OCTOBER
"Unite for Mobility ... Dedicated to Excellence"
TIME 2:00 to 3:00 PM
COLLEGE AUDITORIUM
SEMINAR ON
RHEUMATOID ARTHRITIS
Deptt. of Orthopaedics
ETIOPATHOGENESIS OF
ASCOMS
ACHARYA SHRI CHANDER
COLLEGE OF MEDICAL SCIENCES & HOSPITAL
SIDHRA, JAMMU
आचार्य श्री चन्द्र अस्पताल
सिधरा, जम्मू


ASCOMS
INDIAN ORTHOPAEDIC RHEUMATOLOGY ASSOCIATION (IORA ACADEMY)
ORTHO RHEUMATOLOGY DAY
7TH OCTOBER
2:00 to 3:00 PM
RHEUMATOID ARTHRITIS
Clinical Manifestations of
Rheumatoid Arth
Prof (Dr) Puneeta Gupta
Professor
Department of Gen Medicine
ASCOMS
ASCOMS
ACHARYA SHRI CHANDER
COLLEGE OF MEDICAL SCIENCES & HOSPITAL
SIDHRA, JAMMU
आचार्य श्री चन्द्र अस्पताल
सिधरा, जम्मू





Distribution of Mementos to faculty for seminar









WALKATHAN


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President
IORA
BETTER BONES HEALTHIER LIVES
IOA
ACHARYA SHRI CHANDER COLLEGE OF MEDICAL SCIENCES & HOSPITAL JAMMU
You are invited to Join
WALKATHON
(IORA DAY)
on 7th October, 2026
at 03:00 pm to 03:30 pm
FROM COLLEGE AUDITORIUM >>> TO MAJEEN
Department of Orthopaedics
ASCOMS & Hospital, Jammu


ASCOMS
INDIAN ORTHOPAEDIC RHEUMATOLOGY ASSOCIATION
(IORA ACADEMY)
IOA
You are invited to Join
WALKATHON
(IORA DAY)
on 7th October, 2026
at 03:00 pm to 03:30 pm
FROM COLLEGE AUDITORIUM
TO MAJEEN
Department of Orthopaedics
JK02DM0055


ACHARYA SHRI CHANDER COLLEGE OF MEDICAL SCIENCES & HOSPITAL, SIDHRA, JAMMU
आचार्य श्री चन्द अस्पताल, सिद्धरा, जम्मू
CLINICAL SERVICES
Cardiology (CCU)
Emergency Medicine
General Surgery
Nephrology Dialysis
Neurosurgery
Orthopaedics
Obstetrics and Gynaecology
Ophthalmology
E.N.T.
Gastroenterology
Urology
Paediatrics (PICU-NICU)
Psychiatry
Dentistry
Physiotherapy
DIAGNOSTIC SERVICES
Endoscopy/Colonoscopy
Audiometry
Pathology
2D Echo, TMT
CT Scan
EEG, USA Lab
X-Ray, Ultrasound
Mammography
MRI (1.5 T)
24/7 EMERGENCY SERVICES
CARDIAC EMERGENCY | ICU | NICU | TRAUMA CARE
BLOOD BANK | PHARMACY & AMBULANCE SERVICES
P.O MAJEEN, SIDHRA, JAMMU - 180017. | Tel : 7051537936-39, Ext : 253
ascomshospital@gmail.com
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INDIAN ORTHOPAEDIC RHEUMATOLOGY ASSOCIATION
(IORA ACADEMY)
You are invited to join
WALKATHON
(IORA DAY)


ASCOMS
INDIAN ORTHOPAEDIC
RHEUMATOLOGY ASSOCIATION
(IORA ACADEMY)
You are invited to Join
WALKATHON
(IORA DAY)
on 7th October, 2024
at 03:00 pm to 03:30 pm
FROM
COLLEGE AUDITORIUM
TO
MAJEEN
Department of Orthopaedics

Refreshment after walkathon





Media coverage

ASCOMS & Hospital commemorates Ortho-Rheumatology Day

STATE TIMES NEWS

JAMMU: Acharya Shri Chander College of Medical Sciences & Hospital (ASCOMS & Hospital) commemorated Ortho-Rheumatology Day with awareness and academic activities focusing on orthopaedic and rheumatological disorders, particularly Rheumatoid Arthritis, and the importance of early diagnosis and timely treatment.

The programme was coordinated by Dr. Rajesh Gupta, Professor & Head, Department of Orthopaedics, ASCOMS & Hospital, Jammu and Past President, Indian Orthopaedic Rheumatology Association (IORA).



ASCOMS & Hospital faculty taking out walkathon.

Manoj Kumar.

A CME/Seminar on Rheumatoid Arthritis was subsequently held at the College Auditorium. Dr. Rajesh Gupta, Prof. & HOD, Orthopaedics, along with Dr. Puneeta Gupta, Dr. Vikram Sharma and Dr. Sanjay Bhat, Professors, Department of Medicine, delivered talks on clinical features, risk factors, diagnosis, treatment and management of the disease. A walkathon was also organised to promote awareness and healthy lifestyles.

Dr. Pavan Malhotra, Director Principal, ASCOMS & Hospital, congratulated the Department of Orthopaedics, Dr. Gautam Mengi, Secretary, and Mr. Rakesh Raman, Treasurer, also appreciated the initiative.

The programme witnessed participation from faculty, resident doctors, hospital and administrative staff, and MBBS, paramedical and nursing students.

Acharya Shri Chander College of Medical Sciences, Hospital Commemorates Ortho-Rheumatology Day

EARLY TIMES REPORT

JAMMU, Oct 7: Acharya Shri Chander College of Medical Sciences & Hospital (ASCOMS & Hospital) commemorated Ortho-Rheumatology Day on Wednesday, 7th October 2009, with a series of activities aimed at creating awareness about orthopaedic and rheumatological disorders, particularly Rheumatoid Arthritis, while promoting early diagnosis, timely treatment and healthy ageing.

Ortho-Rheumatology Day is being observed across India, with various awareness and academic activities being organized under the aegis of the Indian Orthopaedic Rheumatology Association (IORA) to sensitise the public and healthcare professionals about arthritis and other rheumatological conditions. At ASCOMS & Hospital, the activities were coordinated by Dr. Rajesh Gupta, Professor & Head, Department of Orthopaedics, ASCOMS & Hospital, Jammu and Past President IORA.



Medical team during a programme at ASCOMS Jammu

As part of the programme a Free Medical Camp was organized at the Old Age Home, Ambphalla, from 10:30 AM to 12:00 PM, wherein 50 patients were examined and provided medical consultation and health assessment by a team of doctors comprising Dr. Rajesh Gupta, Dr. Sumit Singh Charak, Dr. Simranpreet Singh and Dr. Manoj Kumar. Special emphasis was laid on musculoskeletal and rheumatological health, particularly among the elderly.

A CME/Seminar on Rheumatoid Arthritis was subsequently organized at the College Auditorium from 02:00 PM to 05:00 PM. The faculty comprising Dr. Rajesh Gupta, Prof & HOD Orthopaedics, Dr. Puneeta Gupta, Dr. Vikram Sharma and Dr. Sanjay Bhat, Professors, from department of Medicine delivered informative talks covering various aspects of Rheumatoid Arthritis including its clinical features, risk factors, early diagnosis, treatment and management. The speakers also emphasized the importance of timely medical consultation to prevent complications, disability and deterioration in the quality of life of affected individuals. A Walkathon was also organized from 05:00 PM onwards to spread awareness about orthopaedic and rheumatological health and to encourage the adoption of an active and healthy lifestyle.

Speaking on the occasion, Dr. Pavan Malhotra, Director Principal, ASCOMS & Hospital, congratulated the Department of Orthopaedics for organizing the programme and appreciated its efforts towards promoting awareness regarding rheumatological disorders and the importance of early diagnosis and appropriate treatment.

Dr. Gautam Mengi, Secretary, ASCOMS & Hospital and Mr. Rakesh Raman, Treasurer, ASCOMS & Hospital, also appreciated the efforts of the members of the Department of Orthopaedics for organizing the awareness programme and undertaking community-oriented activities for the benefit of the public.

The commemoration of Ortho-Rheumatology Day reaffirmed the commitment of Acharya Shri Chander College of Medical Sciences & Hospital towards preventive healthcare, community health awareness, early diagnosis and timely intervention for orthopaedic and rheumatological conditions, thereby contributing towards a healthier and more active society.

The programmes witnessed enthusiastic participation from faculty members, resident doctors, hospital staff, administrative staff and MBBS, Paramedical and Nursing students of the Institution.



JK Health Plus

Acharya Shri Chander
College of Medical Sciences
& Hospital Commemorates
Ortho-Rheumatology Day...

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THANKS