

	IORACON PATNA DAY I - 1st NOVEMBER 2025	
Time	Title	Speaker
8.20-8.50 am	Registration	
8.50-8.55 am	Welcome Address – IORA President	Dr Amitava Narayan Mukherjee
8.55-9.00 am	Opening Speech - Organising Secretary	Dr Amulya K. Singh
	Session - 1 – Introduction to Ortho-Rheumatology – Evolution of a subspeciality	
	Chairpersons	
9.00-9.10 am	Introduction to Ortho-Rheumatology	Dr Rameshwar Gupta
9.10-9.20 am	Inward Journey to Glory - Ortho Rheumat Way	Dr Dilip Mazumder
9.20 -9.30 am	Indian Ortho-biologic Journey - An Overview	Dr Manish Khanna
9.30-9.35 am	Discussion	
	Session -2 - Special Keynote Lecture (12 min lecture + 3 min Discussion)	
9.35-9.47 am	Absolute Stability in Rheumatoid Fractures	Dr Naveen Thakkar
9.47 -9.59am	Rheumatoid Wrist Deformity with Tendon ruptures – My approach	Dr Ajeet Tiwari
9.59-10.11 am	Basis of Boutonnière & Swan neck deformities : Clinical Application	Dr Pankaj Jindal
10.11-10.23 am	Shoulder Replacement in RA	Dr Amitava Narayan Mukherjee
10.23-10.30 am	Discussion	
10.30-10.40 am	Overlap Tea Break	
	Session -3 - Delving Into Rheumatology Therapeutics (10 + 2 Minutes)	
10.30-10.40 am	Methotrexate : The Gold Standard	Dr Chinmoy Das
10.40-10.50 am	Sulfasalazine : The Master Choice	Dr S S Jha
10.50-11.00 am	Early Use of Biologicals in R A - Should We Be So Aggressive ?	Dr Amulya K. Singh
11.00-11.10 am	axSpA : Therapeutic Graduation to bDMARDs	Dr S S Jha
11.10-11.20 am	Iguratimod role in Rheumatoid arthritis, ASA and Other inflammatory Arthritis	Dr SS Amarnath
11.20-11.30 am	Fundamental Guidelines by IORA	Dr Chinmoy Das
11.30-11.40 am	Discussion	
	Session - 4- Rheumatologist's Keynote Address - 15 Minutes (12 + 3 Minutes)	
11.40-11.52	RA and the Reproductive Years: What Every Clinician Should Know	Dr Vineeta Shobha

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11.52-11.55 am	Discussion	
	Session –5 - Special Orations Chairpersons - Dr Amitava Narayan Mukherjee, IORA President, Dr Parthasarathi Sarkar, IORA Secretary	
	IORA PRESIDENTIAL ORATION (5 mins Introduction + 15 mins Oration)	
11.55-12.15 pm	Axial Spondyloarthropathy & Cytokines: From Pathogenesis to Management	Dr Rajesh Gupta
	Prof S S Jha Oration	
12.15-12.35		Dr John Ebnezar
	Prof Manish Khanna Oration	
12.35-12.55		Dr Rajeev Raman
12.55 pm - 1.25 pm	INAUGURATION	
	Felicitation & Welcoming, Dignitaries on to the Dias	
	Ganesh Vandana with Lighting of lamp	
	Welcome Address by Organising Chairman / President	
	Address by President & Secretary IORA	
	Address by Chief Guest & Dignitaries	
	Vote of thanks Organising secretary	
	National Anthem	
1.25 pm-1.55 pm	Lunch	
	IORACON Ki ADALAT	
1.55 -2.25 pm	Rheumatologist – Dr Vineeta Shobha	Judge – Dr S S JHA
	Session -6 – Keynote Lecture on Osteoporosis (15 min lecture + 3 min Discussion)	
2.25-2.40 pm	Yesterday to today – management of Osteoporosis	Dr Sunil Marwah
2.40-2.43 pm	Discussion	
	Session 7 : Guest Lecture – 20 mins	
2.43 -3.03 pm	JAK selectivity in Rheumatoid Arthritis	Dr Vineeta Shobha

	Session 8 : Keynote Lectures (12 min + 3 min Discussion)	
3.03 -3.15 pm	What is new & relevant in Indian context in rheumatology: Rheumatoid Arthritis: A High-Cost Disease in a Low-Resource Setting	Dr Vineeta Shobha
3.15-3.27 pm	Ax-SpA -Diagnostic Delay, Comorbidities & Progression Over time	Dr Ghulam Rasul Mir
3.27-3.29 pm	Protrusio Hip – Management Options	Dr RH Govardhan
3.29-3.40 pm	Discussion	
	Session 9 – Inflammatory Disorders - (8 min + 2 min Discussion) Chairpersons -	
3.40-3.48 pm	Never miss a gout diagnosis	Dr Suresh Babu G
3.48-3.56 pm	Genetics and gout with Lesch Nyhan syndrome	Dr D P Bhushan
3.56 -4.04 pm	Role of Inflammatory Markers in RA	Dr Partha Sarkar
4.04 -4.12 pm	Approach to patient with Mono-arthritis/ Polyarthritis	Dr Kanav Mahajan
4.12-4.20 pm	Undiagnosed Inflammatory arthritis in OA knee patients	Dr Bushu Harna
4.20-4.28 pm	Palindromic Rheumatism	Dr Partha Pratim Das
4.28 -4.36 pm	Co-relation between Inflammatory markers, RF, Vit D3 Levels in tendinopathies	Dr Arnab Karmakar
4.36 pm -4.45 pm	Discussion	
4.30 – 5.00	Overlap Tea	
	Session -10 – Arthroplasty (8 min + 2 min Discussion) Chairpersons -	
5.00-5.08 pm	Ankylosed Hip – Challenges	Dr N C Mohapatra
5.08-5.16 pm	Complex joint Replacement in RA – How it is different from OA	Dr Nishikant
5.16-5.24 pm	TKR in RA Patients	Dr Basanta Kumar Behera
5.24-5.32 pm	From challenge to Control: Robotic integration in valgus Total knee replacement	Dr Ashish Singh
5.32-5.40 pm	TKR in Advanced OA secondary to RA	Dr S K Singh
5.40 – 5.45 pm	Discussion	
6 pm onwards	Annual General Body Meeting – IORA Members	
7.30 pm onwards	Gala Dinner/ Banquet	

IORACON PATNA DAY II – 2nd November 2025

Time	Title	Speaker
8.00 -9.00 am	IORA Gold Medal Paper	
	Session -8 – Osteoporosis (8 min + 2 min Discussion)	
9.00 -10.00 am	Chairpersons -	
9.00 -9.08 am	Challenges in osteoporotic fracture management: Role of Teriparatide	Dr Rajesh Gupta
9.08 -9.16 am	Management of Osteoporotic proximal femur fracture in Elderly by Enders Nail	Dr K P Jaiswal
9.16 -9.24 am	Recommendation for Prevention of Fragility Fractures	Dr Aarti Dewan
9.24 – 9.32 am	Management of Osteoporotic fractures by MIROS	Dr Kingshuk Mandal
9.32 -9.40 am	Paediatric Osteoporosis	Dr Rashid Anjum
9.40 -9.50 am	Discussion	
9.50 -10.00 am	Keynote Lecture Aches & Pains in middle aged female	Dr Pankaj Jindal
10.00 -11.00 am	Session – 9 – ISCSG Session (8 min + 2 min Discussion) Chairpersons -	
10.00 -10.08 am	Need for Interventional Orthobiologics	Dr Arul Kumar N
10.08-10.16 am	Exosomes – As Nanomedicine delivery for MSK disorders	Dr Madhan Jeyaraman
10.16 -10.24 am	Process variables in the preparation of BMAC	Dr Sathish Muthu
10.24-10.32 am	Adipose tissue orthobiologics in Geriatric population	Dr Naveen Jeyaraman
10.32-10.40 am	Orthobiologics in AVN- Where are we?	Dr Manish Khanna
10.40-10.48 am	Current concepts in management of Inflammatory Tendinopathies	Dr Amlan Jyothi
10.48 -11.00 am	Discussion	
10.30 -11.00	Overlap Tea	
11.00 -11.30 am	Session -10 – IORA Journal session Chairpersons -	
11.00 -11.10 am	IORA journal – current scenario	Dr Madhan Jeyaraman
11.10 -11.20 am	Road Map for IORA Journal	Dr Sathish Muthu

11.20 – 11.30 am	Q & A	
11.30 -12.10 pm	Session 11 – Spine (8 min + 2 min Discussion) Chairpersons	
11.30 -11.38 am	Fixation in Ankylosing Spondylitis	Dr Kiran Kumar Mukerjee
11.38 -11.46 am	Back pain and Sacroilitis – Clinicohaematologic radiological approach to the problem	Dr Suhasish Ray
11.46 – 11.54 am	Recent recommendations for the management of axial Spondyloarthritis	Dr Dheeraj Rastogi
11.54 – 12.02 pm	Paediatric and Adolescent SpA – Unique challenges	Dr Vishnu Senthil
12.02-12.10 pm	Discussion	
12.10 -1.30 pm	Session 12 – Local organizers session	
12.10 -12.18 pm	How to prevent Rheumatoid arthritis in Target susceptible people – can we develop any vaccine to prevent	Dr Firoz
12.18 -12.26 pm	Ortho biologics in Rheumatoid arthritis	Dr Gokula Krishnan
12.26 -12.34 pm	Dialysis induced arthropathy in Chronic renal failure patients	Dr Hardik Kharbanda
12.34 -12.42 pm	Movement as medicine- therapeutic principles of Exercise prescription	Dr Vivekanand Upadhay
12.42-12.50 pm	Role of Arthroscopy in RA	Dr Gurudeo Kumar
12.50-12.58 pm	Avascular Necrosis of the Femoral Head Treated with Dr. Mukherjee Regimen Involving Disease-Modifying Antirheumatic Drugs (DMARDs): A Novel Therapeutic Approach	Dr S N Saraf
12.58-1.06 pm	Shoulder Arthroplasty in RA patients	Dr Ramit Gunjan
1.06 -1.14 pm	The Surgical Tightrope: Optimizing Perioperative Management for Arthroplasty in Rheumatoid Patients	Dr Ashwini Gaurav
1.14 -1.20 pm	Discussion	
1.20 -1.30 Pm	Valedictory Function	
1.30 -2.00 pm onwards	Overlap Lunch	