

IORA Spine Conclave - Report

The 1st Spine Conclave of Indian Orthopaedic Rheumatology Association was held in North Bengal Medical College & Hospital, Siliguri, West Bengal on 26th & 27th August 2023 with 200 delegates and presence of large number of national faculties from all over the India.



The conference was organized by Siliguri Orthopaedic Society under the aegis of West Bengal Orthopaedic Association with the able leadership of Dr. Amal Basak, Dr. A.K. Sasmal, Dr. Partha Sarathi Sarkar, Dr. Amlan Jyoti Roy Dr. Sandip and with the help and support of all the member of Siliguri Orthopaedic Society.



We got immense support from the Principal, MSVP of North Bengal Medical College, without their support this would not be possible.



Preconference workshop on 26th August at North Bengal Medical College started on time with warm up session. There was a Live surgery on “TLIF for spondylolisthesis”. We also arrange and Cadaveric workshop on “Learn and practice hands on cervical pedicular screw placement technique” by Dr. Abrar Ahmed - President, Spine Society of West Bengal.



At evening there was a cme program at Hotel Sunhill Portico.

“IORA’s Journey and Feiora Update” presented by Prof. Manish Khanna and lecture on “IOA & IORA Guidelines for Spondyloarthritis” was delivered by Prof. S.S. Jha (online) after that there was a felicitation program followed by dinner.





The main conference started on 27th morning at North Bengal Medical College Auditorium.

The conference was inaugurated by Dr. Ram Chaddha - President Elect, IOA, Prof. Manish Khanna – Founder, Advisor IORA, Prof. Dilip Mazumder - Past President IORA, Prof. Rajesh Gupta – President Elect IORA, Prof. Chinmoy Das – Secretary IORA, Prof. Indrajit Saha – Principal NBMC, Prof. Sanjay Mallick – MSVP, NBMC, Dr. Amal Basak – Org Chairman and Prof. Partha Sarathi Sarkar - Org Secretary, IORA Spine Conclave.





We also got online message from IOA President, Dr. Atul Srivastava and IOA Secretary– Dr. Naveen Thakkar.



The Scientific session was very interesting; all the credit goes to our scientific committee, specially Prof. A.K. Pal and Prof. Sanjay Keshkar.

We had various session like Lumbar Canal Stenosis session, Pain management in Spine , Spondylolisthesis, Regenerative Medicine and Stem Cell Therapy and Medical management of spondyloarthropathy session along with case based discussion.

Prof. Dilip Mazumder presented past president's lecture on "How the journey of mending spine maladies helps to excel final glory"



FEIORA Fellows from pan India also attend the conference.

This program was credited by 3CME hours from West Bengal Medical Council.



The Conference was conducted with vote of thanks.
Looking forward to our next program at Kolkata.



From Prof. (Dr.) Manish Khanna's Desk

Founder, Advisor IORA

As the Founder, Advisor of IORA, it always gives me immense pleasure to be a part of the IORA Cargo team as a grass root worker for the association.

It was my dream to prove one day to the Orthopaedic fraternity across the globe that the Orthorheum term which was coined 15 years back by us is not only a medical speciality but also a Medicosurgical speciality. This dream came true with Divine blessings that finally this year we started the Wrist, Hand and spine IORA Orthorheumatology Subspeciality courses.

I would once again like to extend my thanks to IORA's executive committee 2022-23 especially the President and SecGen for successfully launching and starting the Wrist Orth Rheum specialty course in Guwahati this year in the month of April. And finally, I am again highly thankful to Prof ParthaSarkar and his team for starting the Spine Orth Rheum workshop at Siliguri.

For more than a decade now, since I have changed my Specialty of interest, I felt a deep sense of pressure on myself towards establishing these two Medicosurgical specialties with IORA. Last year my subconscious mind forced me to announce the starting of these subspecialities from 2023 onwards during the Validatory function of our International Congress at Kolkata.

This is the best academic gift which IORA has given to younger Generation orthopaedic surgeons across the country.

Wrist Ortho Rheum is one of the most promising specialities, especially for female Orthopods and we would prove this in the next few years of time. The younger generation of Orthopaedic surgeons would never forget 2023 as the year when wrist, hand & spine Surgical Orthorheumatology sub specialities were started at IORA.

2023 is a year which would be written with BOLD GOLDEN LETTERS in the history of IORA. Last but not the least, I would like to thank all IORA's life members for their belief in us.

Jai Hind.... Jai IORA

From Dr. Ram Chaddha's Desk

President Elect. IOA

It was my pleasure and privilege to be a part of the academic deliberations.

Excellent live surgical demonstration, cadaveric training hands on, didactic lectures and technical tips were covered extensively over two days.

The delegates and faculty were exposed to state of the art management protocols with a special reference to orthorheumatology which is an integral part of orthopaedic practice today. Such focused meetings add crystallised knowledge & wisdom for the seekers.

Keep the good work on.

God Bless You....

Best regards,

From Prof. (Dr.) Dilip Mazumder's Desk

Past President, IORA

IORA spine conclave made a milestone in the history of the national organisation. The grand success was due to repeated rehearsal of the highly active & sincere team members under the guidance of the seniors. The satisfactory hospitality with the academic feast is unforgettable. With this has achieved the testimony to hold bigger congress any time. Bravo to the team of Partha, Amlan, Kallol & many others good souls. Thnx.

From Prof. (Dr.) Rajesh Gupta's Desk

President, IORA

I have the privilege to attend first IORA Spine Conclave at Siliguri on 26th & 27th August 2023 organized by Siliguri Orthopaedic club & Department of Orthopaedics North Bengal Medical College. It was held under the patronship of Dr Partha Sarthi Sarkar, Head Department of Orthopaedics NBMC.

I attended this Conclave as President elect of IORA & Faculty. The Conference was attended by around 100 Delegates and eminent local & outstation Faculty. On First day there was live surgical workshop on TLIF for spondylolisthesis and cadaver workshop on cervical pedicle screw fixation which were very well appreciated by all.

On Second day there were lectures and case discussions on interesting spine cases. During the inaguaral function certificates to the outgoing FEIORA batch were distributed by Dr Maneesh Khanna, Foundar & Advisor IORA & Dr. Dalip Majumdar.

I also formally took over as President of IORA. As President my main focus is going to be mainly on academics. In the months to come we are going to have webinars on important rheumatology topics, some seminars, Spine & Hand Conclaves & then our International Biennial Conference in Baranasi in August 2024. My humble appeal to everyone is to motivate the Orthopaedic Surgeons who are not yet members of IORA to become members so that few more members are added to this vibrant organization. Here I would also like to appreciate the efforts of our Hon.Secretary Dr. Chinmoy Das in smoothly running the affairs of our association. I will fail in my duty if I don't acknowledge the efforts put in by our mentors namely Dr. S S Jha, Dr. Dalip Majumdar, Dr. Shantnu Lakhar in running the affairs of our association. A special mention about Dr Maneesh Khanna who has given his so many precious years in smoothly running & strengthening this Association. My request to all of them & all other senior members of the IORA family to keep on guiding us in carrying forward the academic activities & further strengthen it.

Thanks

Jai Hind

From Prof. (Dr.) Chinmoy Das's Desk

Secretary General , IORA

Warm wishes from the Secretarial Office,

It is a Great pleasure and Honour, for me to welcome you all to the IORA Family. The period 2022-23 was an eventful one for our Association as we were able to implement many of our goals towards increasing the membership, activities and development of our vibrant association, IORA. I am thankful to all of you for the Advice, support and the co-operation that you have extended to me during this period.

IORA has grown larger, not only in Numbers but also in Academics which is the primary aim and vision of it's Founder's. Since the Last Biannual Meet, we could increase our Life Members to 445, and Few Post-Graduates as Associate Members. Though this is not a Large number, but it is surely, Association of like minded peoples interested only in Academics.

We Started the **"First Hand & Wrist Surgical Workshop"** held in Guwahati, Assam on 19th May 23, and thereby Kick-starting the Surgical Aspects of Rheumatology. Finally, now we Started the **"First Spine Workshop"** in Siliguri, North Bengal, on 26th & 27th Aug'23. An interesting fact noted is that the young Orthopedic Surgeons are very much interested and taking Active Part in these Endeavour.

My report will be incomplete if I do not make a special mention of our **Founder's Prof.S.S.Jha & Prof. Manish Khanna**, whose active involvement along with enormous experience helped to guide IORA in its evolving direction.

Finally, I express my sincere gratitude to all the members of the organizing committee of **Spine Conclave of IORA**.

Long Live IORA.

Jai Hind.

From Dr. Amal Basak's Desk

Organizing Chairman, IORA Spine Conclave

I am delighted to announce the successful organization of the IORA Spine Conclave, held on 26th and 27th August '23 at the MBMC auditorium, thanks to the collaborative efforts of the North Bengal Medical College Orthopaedic department, Siliguri Orthopaedic Society, and West Bengal Orthopaedic Association. The event featured a live demonstration of spine surgery in the morning, followed by a cadaveric demonstration in the afternoon. We were honored to have approximately 80 participants from Kolkata and various regions of India in attendance in both sessions. The distinguished faculty included Prof. Manish Khanna, the founder and adviser of IORA, Dr. Rajesh Gupta, the President-Elect of IORA, Prof. Chinmay Das, the Secretary-General of IORA, Prof. A. K. Pal, the Vice President of WBOA, Dr. Sabyasachi Santra, the Treasurer of WBOA, Dr. Abrar Ahmed from Apollo Hospital Kolkata, Prof. Dilip Mazumdar from Kolkata, Dr. A N Mukherjee from Kolkata, Dr. Ram Chaddha from Mumbai, Dr. N K Das.

From Dr. Partha sarathi Sarkar's Desk

Organizing Secretary, IORA Spine Conclave

This is our proud privilege to get the chance of organising IORA spine conclave in NBMC , Siliguri, West Bengal on 26th and 27 th August.I on behalf of Dept.of orthopaedic,NBMC extends my sincere regards to all who by their gracious presence make this event a grand success.Thank u all

Prof. Manish Khanna, Dr. Ram Chadda, Dr. Rajesh Gupta , Dr.AN Mukherjee , Prof.Dilip Majumdar , Dr.Abrar Ahmed, Prof.Chinmoy Das, Dr.S S Amarnath, Prof.NK Das, Prof .Indrajit Saha, Principal, Prof.Sanjay Mallick MSVP, Prof.A K Pal,Prof.Sanjay Keshkar, Prof Dipanjan Bandyopadhyay, Dr.Amal Basak, Dr.Arun Sasmal, Prof.Sabyasachi Santra, Dr.Sandip Sengupta, Dr.Jagadish Biswas

Faculties, Medical officers, RMO, SR, PGTs , House staff, Internees and students of NBMC

All HOD s and Faculties of NBMC, OT incharge and all OT staff, PWD electrical and all supportive staff IORA, FEIORA, WBOA Entire Siliguri orthopaedic society and last but not the least all Staffs of North Bengal Medical College.

THANK YOU